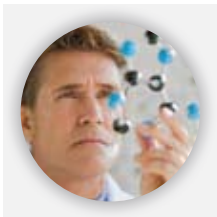


“ Let thy food be thy **medicine,** and thy **medicine** be thy food. ”
 - Hippocrates



Why Supplement?

- It is estimated that our body's healthy cells get attacked nearly ten thousand times every day by free radicals!
- There is an undeniable association between a diet rich in fruits & vegetables and the decreased risk for chronic disease



Why Açai?

- Açai has an ORAC score of 1026! That is ten times more than red grapes
- Açai contains 30 times more anthocyanins, the beneficial compound found in red wine
- Açai possesses nearly 20 phytonutrients & has a protein profile similar to eggs

Supplements vs. Prescriptions

- There are 2.2 MILLION documented cases of adverse reactions related to prescription drugs each year
- 244,000 die each year from drug complications vs. 6 from vitamin and mineral supplements
- In 2002 the Journal of American Medical Association (JAMA) recommended that all adults take a daily multi-vitamin/mineral supplement



Why A Juice?

- According to the PDR "only 10-20% of vitamins & minerals...in pill form are absorbed by the human body."
- Our bodies more easily digest and absorb liquids

X-Ray of the lower colon showing two undissolved, undigested, and unabsorbed "name brand" supplements. The person who took these might as well have flushed them down the toilet!



Why A Blend of Fruits?

- Each fruit has its own unique properties and blend of phytonutrients from Mother Nature's pharmacy providing our body with different nutritional components
- Potential benefits of consuming a diet rich in a variety of fruits continue to be discovered

Body parts benefited by a fruit blend:



Açai In the Spotlight:

- The Perricone Promise (book)
- NBC's Today Show
- Newsweek
- Women's World
- The Oprah Winfrey Show
- CBS Early Show
- Men's Health
- New York Times
- The Wall Street Journal
- Men's Journal
- Good Morning America
- Women's Health

The Total Health Survey

Name _____ Date of Test _____ Current Weight _____

To evaluate your current state of health we are going to ask you a series of questions. It is important that you truthfully answer these questions according to how you feel right now to be able to accurately gauge your results.

- 1 – Nonexistent: I have no problems or symptoms
- 2 – Minor: I have daily problems or this is a mild annoyance
- 3 – Chronic: I have some difficulty with this issue, and it impacts my life
- 4 – Severe: This symptom is tolerable but I am constantly experiencing problems with it
- 5 – Debilitating: Complications from this symptom prevent me from doing daily activities

On a scale of 1 to 5 please rate the following:

My neck, and shoulders	1	2	3	4	5	How well I sleep and go to sleep	1	2	3	4	5
My back	1	2	3	4	5	Allergies	1	2	3	4	5
My arms (including elbows)	1	2	3	4	5	Headaches	1	2	3	4	5
My legs (including knees)	1	2	3	4	5	How often I have pain anywhere in my body	1	2	3	4	5
My hands and wrists	1	2	3	4	5	My reproductive organs	1	2	3	4	5
My feet and ankles	1	2	3	4	5	My sexual drive	1	2	3	4	5
My skin (including scalp)	1	2	3	4	5	My emotional health	1	2	3	4	5
My eyesight	1	2	3	4	5	My mental function (memory/clarity)	1	2	3	4	5
My hearing	1	2	3	4	5	Feelings of depression	1	2	3	4	5
My heart health (including blood pressure)	1	2	3	4	5	My energy	1	2	3	4	5
My digestion and bowel regularity	1	2	3	4	5	Women: My menstrual cycles	1	2	3	4	5
My lungs (asthma, etc.)	1	2	3	4	5						
My esophagus and stomach (heartburn, reflux, etc.)	1	2	3	4	5	If you have a particular condition list out two specific symptoms you are currently experiencing and rate them.					
My blood sugar	1	2	3	4	5	_____	1	2	3	4	5
How I feel after eating	1	2	3	4	5	_____	1	2	3	4	5
How I feel after waking up	1	2	3	4	5						

Add up your score and track your progress below:

Total Health Scores: Initial Score _____ After 1 Month _____ After 3 Months _____

	After 1 Month	After 3 Months
What were the most noticeable changes you have experienced, if any?		
How much of the açai blend were you consuming daily?		
How much did your Total Health Score change?	+ / -	+ / -

I would love to hear about your progress and help you not only achieve improved physical health through proper supplementation, but also financial health with your own business.

Feel free to contact me at: